



January 2018 - Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2 style="margin: 0;">Grades 9-12 Lunch</h2> <p style="text-align: center; margin: 0;"><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
1-1 <h3 style="color: red;">New Years Day!</h3>	1-2 <ul style="list-style-type: none"> ★★ Cheesy Mac - V ★ Sidewinder Fries ★ Petite Baby Carrots ★ Fruit - S ★ Fruit Juice ★ Got Milk 	1-3 <ul style="list-style-type: none"> ★★ Zesty Beef Chalupa ★ Fresh Garden Salad ★ Tangy Salsa Cup ★ Fruit - S ★ Fruit Juice ★ Got Milk 	1-4 <ul style="list-style-type: none"> ★★ Salisbury Steak & Mashed Potatoes ★ Southern Buttermilk Biscuit - S ★ Veggie Medley ★ Frozen Juice Cup ★ Fruit Juice ★ Got Milk 	1-5 <ul style="list-style-type: none"> ★★ Café LA Burger ★★ Roasted Potato Wedges ★ Petite Baby Carrots - S ★ Fruit - S ★ Fruit Juice ★ Got Milk
1-8 <ul style="list-style-type: none"> ★ 3 - Cheese Calzone - V ★★ Toasted Cheese Sandwich - V ★★ Premium Granola and Yogurt - V ★ Sidewinder Fries ★ Petite Baby Carrots - S ★ Fruit - S ★ Fruit Juice ★ Got Milk 	1-9 <ul style="list-style-type: none"> ★★ Mesquite BBQ Pork Sandwich ★★ Deli Deli Turkey & Cheese Sandwich ★★ Italian Chopped Salad ★ Artisan Roll - S ★ Mini Potato Tots or ★ Golden Hash Brown Patties ★ Veggie Medley ★ Fruit Cup ★ Fruit Juice ★ Got Milk 	1-10 <ul style="list-style-type: none"> ★★ Baja Fish Tacos ★★ Yellow Submarine Sandwich ★★ Mexicali Salad - V ★ Crunchy Tortilla Chips - S ★ Fiesta Pinto Beans or Campfire Baked Beans ★ Tangy Salsa Cup ★ Fruit Cup ★ Fruit Juice ★ Got Milk 	1-11 <ul style="list-style-type: none"> ★★ Café LA Burger or Café LA Cheeseburger ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Roasted Potato Wedges ★ Petite Baby Carrots - S ★ Fruit - S ★ Frozen Juice Cup ★ Got Milk 	1-12 <ul style="list-style-type: none"> ★ Chicken Tenders ★ Southern Buttermilk Biscuit ★★ Classic Tuna Sandwich ★★ Shanghai Chinese Chicken Salad ★ Artisan Roll - S ★ Sweet Corn ★ Fresh Garden Salad ★ Fruit - S ★ Fruit Juice ★ Got Milk
1-15 <h3 style="color: red;">Dr. Martin L. King, Jr's Birthday Holiday!</h3>	1-16 <ul style="list-style-type: none"> ★★ Garlicky Cheese Bread ★★ Turkey & Cheese Melt ★★ Premium Granola and Yogurt - V ★ Petite Baby Carrots - S ★ Marinara Sauce Cup ★ Fruit - S ★ Fruit Juice ★ Got Milk 	1-17 <ul style="list-style-type: none"> ★ Taco Bean Dip ★ Crunchy Tortilla Chips - S ★★ Yellow Submarine Sandwich ★★ Mexicali Salad - V ★ Veggie Medley ★ Tangy Salsa Cup ★ Fruit - S ★ Fruit Juice ★ Got Milk 	1-18 <ul style="list-style-type: none"> ★ Oven Fried Chicken Drumstick ★ Southern Buttermilk Biscuit ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Sidewinder Fries ★ Fresh Garden Salad ★ Fruit - S ★ Frozen Juice Cup ★ Got Milk 	1-19 <ul style="list-style-type: none"> ★★ Manager's Choice ★★ Classic Tuna Sandwich ★★ Shanghai Chinese Chicken Salad ★ Artisan Roll - S ★ Roasted Potato Wedges ★ Petite Baby Carrots - S ★ Fruit Cup ★ Fruit Juice ★ Got Milk



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Grades 9-12 Lunch

MENUS ARE SUBJECT TO CHANGE

1-22

- ★ Vegan Chili - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Sidewinder Fries
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

1-23

- ★★ All Star Turkey Hot Dogs or
- ★★ Mini Double Dogs
- ★★ Turkey & Cheese Melt
- ★★ Italian Chopped Salad
- ★ Artisan Roll - **S**
- ★ Fiesta Pinto Beans or Campfire Baked Beans
- ★ Sweet Corn
- ★ Fruit
- ★ Fruit Juice
- ★ Got Milk

1-24

- ★ Oven Fried Chicken Drumstick
- ★ Southern Buttermilk Biscuit
- ★★ Yellow Submarine Sandwich
- ★★ Mexicali Salad - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Petite Baby Carrots - **S**
- ★ Fresh Garden Salad
- ★ Fruit Cup - **S**
- ★ Fruit Juice
- ★ Got Milk

1-25

- ★★ Teriyaki Beef Dipper Rice Bowl
- ★★ Pastrami & Cheese Croissant
- ★★ Chicken Caesar & Cheesy Bread
- ★ Broccoli Buds
- ★ Veggie Medley
- ★ Fruit - **S**
- ★ Frozen Juice Slush
- ★ Got Milk

1-26

- ★★ Café LA Burger or Café LA Cheeseburger
- ★★ Classic Tuna Sandwich
- ★★ Shanghai Chinese Chicken Salad
- ★ Artisan Roll - **S**
- ★ Roasted Potato Wedges
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

1-29

- ★★ Cheesy Mac - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
- ★ Sidewinder Fries
- ★ Petite Baby Carrots
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

1-30

- ★★ Smokin' BBQ Rib Sandwich
- ★★ Turkey & Cheese Melt
- ★★ Italian Chopped Salad
- ★ Artisan Roll - **S**
- ★ Mini Potato Tots or
- ★ Golden Hash Brown Patties
- ★ Fiesta Pinto Beans or Campfire Baked Beans
- ★ Fruit
- ★ Fruit Juice
- ★ Got Milk

1-31

- ★★ Zesty Beef Chalupa and Rice
- ★★ Yellow Submarine Sandwich
- ★★ Mexicali Salad - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Fresh Garden Salad
- ★ Tangy Salsa Cup
- ★ Fruit Cup
- ★ Fruit Juice
- ★ Got Milk

☞ All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable
S: Items with an (S) can be saved for later
V: Vegetarian items
 **Farm Fresh Fruits: Apple, Orange, Banana

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